

UNDERSTANDING IMPLANT RESTORATION

SUCCESSFULLY RESTORE DENTAL IMPLANTS



Rocky Takhar



Nottingham



11th March 2026

ACADEMIA

INNOVATING SIMPLICITY



ROCKY TAKHAR

Dr. Rocky Takhar

**BDS, Special Interest in Dental Implants
& Aesthetic Dentistry**

SPEAKER PROFILE

Rocky qualified in Dentistry from CEU Cardenal Herrera University (Valencia, Spain) in 2016 and has worked across a range of practices in Nottingham ever since. He is best known for his calm, patient-focused approach and for delivering dentistry that is biomimetic and minimally invasive, with a strong emphasis on natural aesthetics and long-term function.

Rocky has a special interest in dental implants, including single-tooth and full-arch cases, with each case carefully and extensively planned to maximise predictability, longevity and patient comfort.

COMPANY PROFILE

Based in Nottingham, UK, Zenith Cosmetic Dental is a modern private clinic focused on delivering high-end cosmetic and restorative dentistry with a strong emphasis on natural-looking results. The clinic offers a full range of smile-enhancing solutions, including orthodontics (such as Invisalign), veneers, crowns, and minimally invasive cosmetic treatments designed to improve both aesthetics and confidence.

Zenith's approach is built around personalised treatment planning and contemporary techniques, combining cosmetic dentistry and tooth replacement solutions to restore function and create smiles that look as good as they feel. From subtle refinements to full smile transformations, the team focuses on predictable outcomes, patient comfort, and long-term oral health.

COURSE SYNOPSIS

This course focuses on the fundamentals of implant restoration, guiding clinicians through the key prosthetic principles that drive predictable, long-term outcomes. It covers essential concepts such as implant-abutment connections, restorative space management, emergence profile development, and the selection of screw-retained vs cement-retained solutions across single units, short-span bridges, and full-arch cases.

Participants will gain a clear overview of the restorative workflow from diagnosis to delivery, including impression and scanning strategies, bite registration, soft-tissue management, and the planning considerations that support accurate laboratory communication. Emphasis is placed on building a repeatable approach to occlusion, aesthetics, and maintenance, helping clinicians reduce complications, improve efficiency, and deliver restorations that function and look natural.

COURSE PROGRAM

ADDRESS	Nottingham Belfry Hotel & Spa Mellors Way, Woodhouse Way, Nottingham NG86PY
06.30 PM	Meet & Greet
07.00 PM	Lecture
08.30 PM	Q&A
08.45 PM	Conclusion
09.00 PM	Dinner (Optional)

AIM & OBJECTIVES

1. Understand key implant prosthetic principles.
2. Choose screw-retained vs cement-retained restorations.
3. Improve implant impressions and digital scans.
4. Apply occlusion and aesthetics for longevity.
5. Strengthen lab communication and planning.

REGISTRATION FORM

Please fill this form and sent it to **education@inserta-dental.com**

Course code: **INSCPW110326**

Contact info: **+44 (0)20 8050 9936**

Course fee: **INVITATION ONLY - Maximum 20 delegates**

PARTICIPANT DETAILS

Full Name

Email

Phone Number

Practice Name

Inserta Territory Manager

Billing Details



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